



INSTRUCTIONS



To help follow through with the federal law, WMYSA has elected to make taking the course directly through the individual GotSport account mandatory for all coaches and managers. The Heads-Up Concussion course **must be taken by all coaches and managers directly through their GotSoccer account. This certificate can then be recorded, accessed, and printed from the coach/manager account when needed.**

If a player is diagnosed with a concussion or is experiencing concussion like symptoms, the “Medical Clearance to Return to Play” form must be filled out by a medical professional BEFORE returning to soccer. The Form can be found on the Administrative, Forms page on WMYSA.org.

Once a concussion is suspected, the player must be removed immediately and kept out of all further games, practices, trainings etc. The State of Michigan law requires any player with a suspected or diagnosed concussion to follow the Return to Play procedures before being allowed to participate in practice or games. The Return to Play form needs to be signed by a Health Professional.

Most doctors have the new legal information on hand and go through a checklist and multiple visits prior to allowing the player to be able to return to play. Once the player has the signed Return to Play form, they should give it to their team coach in order for verification to come back and then submitted to the Club board. The law indicates these forms need to be kept a minimum by the club until the player reaches the age of 18.

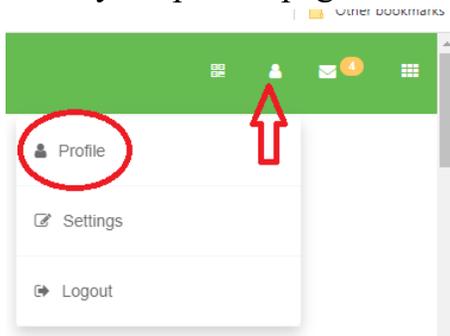


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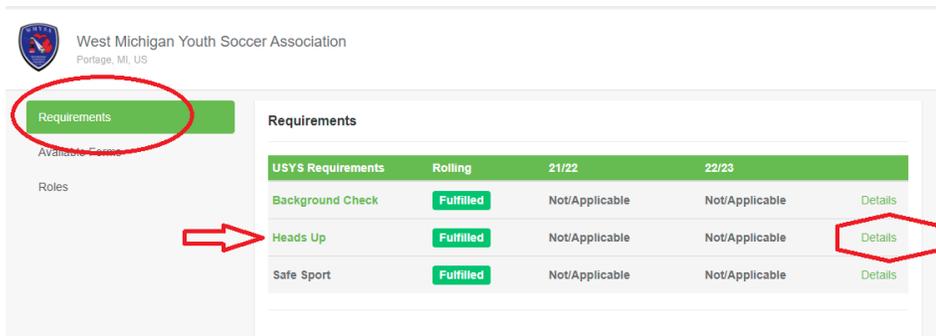


How do I complete the Heads Up Concussion training in GotSport?

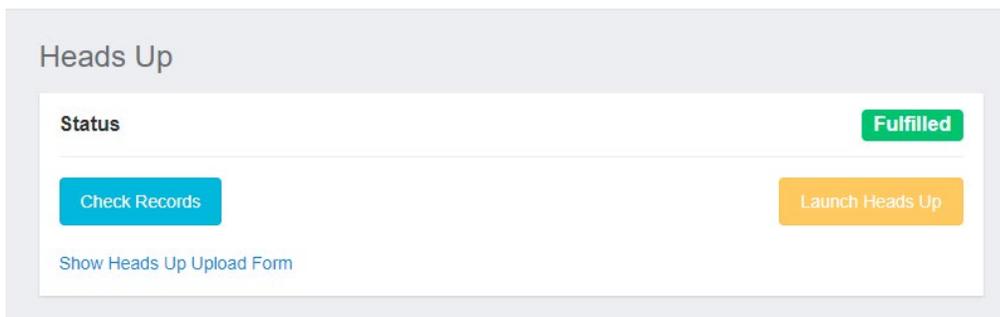
1. Login to GotSport Account
2. Go to your profile page



3. This will then open up your Dashboard which will show your Requirements with your club.
4. On the far right click the Details link on the Heads Up row



5. This will pop up a screen to be able to Check Records or Launch course.





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6. Click on the Launch Course button
7. The CDC Heads Up screen pops up with a Start Training button
8. It then takes you directly to the first screen for the Training Module
9. During several points during the video, you will take short quizzes.
10. Your first time of completing the course, you will have an opportunity to print a certificate.
11. Many tournaments are now requiring a copy. So saving to your local computer is suggested.
12. This will also record the CDC training in the main database.
13. CDC Heads Up training must be completed every three years. After the initial course completion, you will not need to take the final test.